

NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore.

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SOP's FOR PREVENTIVE MEASURES OF COVID - 19

This is to inform all the nursing students to follow the COVID - 19 SOP's whenever you come to the college premises as mentioned below:

- COVID 19 test report to be submitted on the first day while reporting to the college.
- 2. Wear of face mask is mandatory
- 3. Physical distancing of at least 6 feet to be followed as far as feasible.
- Frequent hand washing with soap (for at least 40-60 seconds) or Use of alcoholbased hand sanitizers (for at least 20 seconds) can be done wherever feasible.
- 5. Bring your own soaps/ sanitizers with you
- 6. Thermal scanning at the entrance is mandatory.
- 7. Maintain strict discipline
- 8. Come in college uniform, Student ID is mandatory.
- 9. Be in time to college at 9 am after 9.10 am you are not allowed into the college.
- 10. Lift is not allowed for students.
- 11. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing / sneezing with a tissue / handkerchief / flexed elbow and disposing of used tissues properly. Spitting shall be strictly prohibited.
- 12. Follow environmental and washroom hygiene in college premises.
- 13. Avoid discarding papers and other wastes on the floor
- 14. Carry books bag along with- you and do not leave books /bags /papers anywhere.
- 15. Restrict not to move to any other rooms in the college, unless it is mandatory
- 16. Be in your allotted classrooms and in your benches
- Don't share personal belongings with others (books, objects, food, water bottles etc)
- 18. Self-monitoring of health by all and reporting any illness at the earliest.
- Don't violate any of these guidelines or else strict action will be taken. Your health
 is priority at all times.
- Eating healthy food and fruits, avoiding junk food, frequently drinking warm water, adopting ways to increase immunity etc. should be encouraged.

Note: Circulate, Inform all faculty, Staff and Students.

Principal

Narayana College of Nursing



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Chinthareddypalem,
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